

November 2026

Trad Menu

Name: _____

Address: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
☐ A: Manicotti with Meat sauce ☐ B: Chicken & Noodles Malibu Vegetables Apple Dinner Roll	☐ A: Salisbury Steak with Onion Gravy ☐ B: Turkey with Gravy Parsley Potatoes Peas & Carrots Garden Cottage Cheese Dinner Roll	☐ A: Chicken Cacciatore ☐ B: Pork with Fried Apples Polenta Normandy Blend Vegetables Garbanzo Bean Salad Dinner Roll	☐ A: Beef Shepherd's Pie ☐ B: Ham & Beans Italian Green Beans Mixed Fruit Dinner Roll	☐ A: Korean BBQ Beef ☐ B: Honey Hoisin Glazed Salmon Brown Rice Kyoto Vegetable Blend Pineapple Chunks Dinner Roll
9	10	11	12	13
☐ A: Mexican Beef Casserole ☐ B: Turkey Stew French Cut Green Beans Pear Waldorf Salad Dinner Roll	☐ A: Beef Burgundy ☐ B: Chicken Paprikash Brown Rice Broccoli Tossed Salad Cornbread	☐ A: Turkey Tetrazzini ☐ B: Pepper Steak Egg Noodles Capri Vegetables Cherry Apple Bar Dinner Roll	☐ A: Beef Taco ☐ B: Chicken Taco Spanish Rice Corn Apple Tortilla	☐ A: BBQ Chicken ☐ B: Crab Patty Macaroni & Cheese Cauliflower Orange Hamburger Bun
16	17	18	19	20
☐ A: Cabbage Roll ☐ B: Turkey & Noodles Egg Noodles Wax Beans Beet & Orange Salad Dinner Roll	☐ A: Meatloaf w/ Gravy ☐ B: Baked Chicken Leg Mashed Potatoes Green Peas Tossed Salad Dinner Roll	☐ A: Jambalaya ☐ B: Creamy Swiss Beef Brown Rice Sliced Carrots Mixed Fruit Dinner Roll	☐ A: Chicken Thigh Florentine ☐ B: Pork with Mushroom Gravy Potato Medley Brussel Sprouts Sweet Potato Salad Dinner Roll	☐ A: Swedish Chicken Meatballs and WG Rotini ☐ B: Stuffed Shells with Tomato Sauce Italian Blend Vegetables Apple Dinner Roll
23	24	25	26	27
☐ A: Beef Stew ☐ B: Ham & Potato Chowder Green Beans Fresh Pear Dinner Roll	☐ A: Sesame Chicken ☐ B: Pork Chow Mein Brown Rice Oriental Vegetable Blend Aloha Coleslaw Dinner Roll	☐ A: Beef Stroganoff ☐ B: Chicken Parmesan Whole Grain Penne Pasta Carrots Creamy Corn Salad Dinner Roll		
30				
☐ A: Sloppy Joe ☐ B: BBQ Pulled Pork Potato Medley Capri Vegetables Fresh Pear Hamburger Bun			All meals come with milk or water and a butter cup. Entrée subject to change based on client diet.	CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.