

November 2026

Renal Menu

Name: _____

Address: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
☐ A: Beef w/ Pasta and Gravy ☐ B: Chicken & Noodles Malibu Vegetables Apple Dinner Roll	☐ A: Salisbury Steak w/ Onion Gravy ☐ B: Turkey with Gravy Stuffing Peas & Carrots Fruit Cup Dinner Roll	☐ A: Chicken w/ Gravy ☐ B: Pork with Fried Apples Polenta Wax Beans Fruit Cup Dinner Roll	☐ A: Beef w/ Pasta and Gravy ☐ Italian Green Beans Mixed Fruit Dinner Roll	☐ A: Korean BBQ Beef ☐ B: Honey Hoisin Glazed Salmon Brown Rice Carrots Pineapple Chunks Dinner Roll
9	10	11	12	13
☐ A: Beef w/ Gravy ☐ B: Turkey Stew French Cut Green Beans Pear Waldorf Salad Dinner Roll	☐ A: Beef w/ gravy ☐ B: Chicken w/ gravy Brown Rice Broccoli Tossed Salad Cornbread	☐ A: Turkey w/ gravy ☐ B: Beef w/ gravy Egg Noodles Carrots Cherry Apple Bar Dinner Roll	☐ A: Beef Taco ☐ B: Chicken Taco Rice Corn Apple Tortilla	☐ A: Chicken Breast ☐ B: Crab Patty Polenta Cauliflower Fruit Cup Hamburger Bun
16	17	18	19	20
☐ A: Cabbage Roll w/ Gravy ☐ B: Turkey & Noodles Egg Noodles Wax Beans Fruit Cup Dinner Roll	☐ A: Meatloaf w/ Gravy ☐ B: Baked Chicken Leg Stuffing Green Peas Tossed Salad Dinner Roll	☐ Gravy ☐ B: Beef & Gravy Brown Rice Sliced Carrots Mixed Fruit Dinner Roll	☐ A: Chicken Thigh w/Gravy ☐ B: Pork with Gravy Noodles Brussel Sprouts Fruit Cup Dinner Roll	☐ A: Chicken Meatballs w/ Pasta & Gravy ☐ Green Beans Apple Dinner Roll
23	24	25	26	27
☐ A: Beef w/Gravy & Rice ☐ Green Beans Fresh Pear Dinner Roll	☐ A: Sesame Chicken ☐ B: Pork w/ Gravy Brown Rice Peas Aloha Coleslaw Dinner Roll	☐ A: Beef w/ Gravy ☐ B: Chicken w/ Gravy Whole Grain Penne Pasta Carrots Creamy Corn Salad Dinner Roll		
30				
☐ A: Hamburger ☐ B: Pulled Pork Grits Carrots Fresh Pear Hamburger Bun			All meals come with milk or water and a butter cup. Entrée subject to change based on client diet.	CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.