



October 2026

Renal Menu

Name: _____

Address: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals come with milk or water and a butter cup. Entrée subject to change based on client diet.	CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.		1	2
			☐ A: Beef Taco ☐ B: Chicken Taco Rice Green Beans Apple Tortilla	☐ A: Chicken Breast ☐ B: Crab Patty Couscous Carrots Fruit Cup Hamburger Bun
5	6	7	8	9
☐ A: Cabbage Roll ☐ B: Turkey Meatball with Gravy Egg Noodles Wax Beans Tossed Salad Dinner Roll	☐ A: Meatloaf w/ Gravy ☐ B: Baked Chicken Leg Stuffing Green Peas Fruit Cup Dinner Roll	☐ A: Chicken & Sausage with Gravy ☐ B: Beef with Gravy Brown Rice Capri Blend Vegetables Mixed Fruit Dinner Roll	☐ A: Chicken Thigh with Gravy ☐ B: Pork with Gravy Creamy Polenta Carrots Peaches Dinner Roll	☐ A: Chicken Meatballs w/ Gravy and Pasta Green Bean Apple Dinner Roll
12	13	14	15	16
☐ A: Beef w/Gravy & Rice ☐ Green Beans Fresh Pear Dinner Roll	☐ A: Sesame Chicken ☐ B: Pork w/ Gravy Brown Rice Peas Aloha Coleslaw Dinner Roll	☐ A: Beef w/ Gravy ☐ B: Chicken w/ Gravy Whole Grain Penne Pasta Carrots Creamy Corn Salad Dinner Roll	☐ A: Beef w/ Gravy and Pasta ☐ B: Turkey w/ Gravy California Vegetables Fruit Cup Dinner Roll	☐ A: Chicken w/ Gravy ☐ B: Pollock Rice Peas Broccoli Raisin Salad Dinner Roll
19	20	21	22	23
☐ A: Hamburger ☐ B: Pulled Pork Grits Capri Vegetables Fresh Pear Hamburger Bun	☐ A: Beef w/ Gravy ☐ B: Chicken w/Gravy Egg Noodles Broccoli Carrot Raisin Salad Dinner Roll	☐ A: Chicken & Sausage w/Gravy ☐ B: Beef, Rice and Gravy Brown Rice Malibu Vegetable Blend Fruit Cup Cornbread	☐ A: Honey Mustard Chicken ☐ Couscous Green Peas Ambrosia Salad Dinner Roll	☐ A: Chicken w/Gravy and Noodles ☐ Broccoli & Cauliflower Fruit Cup Dinner Roll
26	27	28	29	30
☐ A: Chicken Kiev ☐ B: Beef w/ Gravy Stuffing Baby Carrots Cranberry Orange Salad Dinner Roll	☐ A: Beef & Broccoli ☐ B: Sesame Chicken Brown Rice Vegetable Egg Roll Asian Sesame Salad	☐ A: Chicken & Dumplings ☐ B: Beef w/ Noodles & Gravy Green Beans Cinnamon Apples Cornbread	☐ A: Turkey A La King ☐ B: Diced Pork in Cream Sauce Egg Noodles Capri Vegetables Fruit Cup Dinner Roll	☐ A: Beef w/ Gravy ☐ B: Louisiana Shrimp Grits Broccoli Fruit Cup Dinner Roll