

December 2026

Trad Menu

Name: _____

Address: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals come with milk or water and a butter cup. Entrée subject to change based on client diet. CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.	1 ☐ A: Hungarian Goulash ☐ B: Chicken Alfredo Egg Noodles Broccoli Carrot Raisin Salad Dinner Roll	2 ☐ A: Chicken & Sausage Gumbo ☐ B: Unstuffed Pepper Casserole Brown Rice Malibu Vegetable Blend Three Bean Salad Cornbread	3 ☐ A: Honey Mustard Chicken ☐ B: Ham with Cranberry Orange Sauce Couscous Green Peas Ambrosia Salad Dinner Roll	4 ☐ A: Chicken Pot Pie ☐ B: Vegetable Lasagna Broccoli & Cauliflower Fresh Orange Dinner Roll
7	8	9	10	11
☐ A: Chicken Kiev ☐ B: Swiss Steak Mashed Potatoes Baby Carrots Cranberry Orange Salad Dinner Roll	☐ A: Beef & Broccoli ☐ B: Mongolian Chicken Brown Rice Vegetable Egg Roll Asian Sesame Salad	☐ A: Chicken & Dumplings ☐ B: Chili Mac Scandinavian Vegetables Cinnamon Apples Cornbread	☐ A: Turkey A La King ☐ B: Diced Pork in Cream Sauce Egg Noodles Capri Vegetables Cheesy Pea Salad Dinner Roll	☐ A: Mexican Stewed Beef ☐ B: Louisiana Shrimp Cheesy Grits Broccoli Fresh Orange Dinner Roll
14	15	16	17	18
☐ A: Manicotti with Meat sauce ☐ B: Chicken & Noodles Malibu Vegetables Apple Dinner Roll	☐ A: Salisbury Steak with Onion Gravy ☐ B: Turkey with Gravy Parsley Potatoes Peas & Carrots Garden Cottage Cheese Dinner Roll	☐ A: Chicken Cacciatore ☐ B: Pork with Fried Apples Polenta Normandy Blend Vegetables Garbanzo Bean Salad Dinner Roll	☐ A: Beef Shepherd's Pie ☐ B: Ham & Beans Italian Green Beans Mixed Fruit Dinner Roll	☐ A: Korean BBQ Beef ☐ B: Honey Hoisin Glazed Salmon Brown Rice Kyoto Vegetable Blend Pineapple Chunks Dinner Roll
21	22	23	24	25
☐ A: Mexican Beef Casserole ☐ B: Turkey Stew French Cut Green Beans Pear Waldorf Salad Dinner Roll	☐ A: Beef Burgundy ☐ B: Chicken Paprikash Brown Rice Broccoli Tossed Salad Cornbread	☐ A: Turkey Tetrizzini ☐ B: Pepper Steak Egg Noodles Capri Vegetables Cherry Apple Bar Dinner Roll		
28	29	30		
☐ A: Cabbage Roll ☐ B: Turkey & Noodles Egg Noodles Wax Beans Beet & Orange Salad Dinner Roll	☐ A: Meatloaf w/ Gravy ☐ B: Baked Chicken Leg Mashed Potatoes Green Peas Tossed Salad Dinner Roll	☐ A: Jambalaya ☐ B: Creamy Swiss Beef Brown Rice Sliced Carrots Mixed Fruit Dinner Roll		