

December 2026

Renal Menu

Name: _____

Address: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals come with milk or water and a butter cup. Entrée subject to change based on client diet. CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.	1 ☐ A: Beef w/ Gravy ☐ B: Chicken w/Gravy Egg Noodles Broccoli Carrot Raisin Salad Dinner Roll	2 ☐ A: Chicken & Sausage w/Gravy ☐ B: Beef, Rice and Gravy Brown Rice Malibu Vegetable Blend Three Bean Salad Cornbread	3 ☐ A: Honey Mustard Chicken Orange Sauce Couscous Green Peas Ambrosia Salad Dinner Roll	4 ☐ A: Chicken w/Gravy and Noodles Broccoli & Cauliflower Fruit Cup Dinner Roll
7	8	9	10	11
☐ A: Chicken Kiev ☐ Stuffing Baby Carrots Cranberry Orange Salad Dinner Roll	☐ A: Beef & Broccoli ☐ B: Mongolian Chicken Brown Rice Vegetable Egg Roll Asian Sesame Salad	☐ A: Chicken & Dumplings ☐ B: Beef w/ Noodles & Gravy Green Beans Cinnamon Apples Cornbread	☐ A: Turkey w/ Gravy ☐ B: Pork w/ Gravy Egg Noodles Green Peas Fruit Cup Dinner Roll	☐ A: Beef w/ Gravy ☐ B: Louisiana Shrimp Grits Broccoli Fruit Cup Dinner Roll
14	15	16	17	18
☐ A: Beef w/ Pasta and Gravy ☐ B: Chicken & Noodles Malibu Vegetables Apple Dinner Roll	☐ A: Salisbury Steak with Onion Gravy ☐ B: Turkey with Gravy Stuffing Peas & Carrots Fruit Cup Dinner Roll	☐ A: Chicken w/ Gravy ☐ B: Pork with Fried Apples Polenta Wax Beans Fruit Cup Dinner Roll	☐ A: Beef w/ Pasta and Gravy ☐ Italian Green Beans Mixed Fruit Dinner Roll	☐ A: Korean BBQ Beef ☐ B: Honey Hoisin Glazed Salmon Brown Rice Carrots Pineapple Chunks Dinner Roll
21	22	23	24	25
☐ A: Beef w/ Gravy ☐ B: Turkey Stew French Cut Green Beans Pear Waldorf Salad Dinner Roll	☐ A: Beef w/ gravy ☐ B: Chicken w/ gravy Brown Rice Broccoli Tossed Salad Cornbread	☐ A: Turkey w/ gravy ☐ B: Beef w/ gravy Egg Noodles Carrots Cherry Apple Bar Dinner Roll		
28	29	30		
☐ A: Cabbage Roll w/ Gravy ☐ B: Turkey & Noodles Egg Noodles Wax Beans Fruit Cup Dinner Roll	☐ A: Meatloaf w/ Gravy ☐ B: Baked Chicken Leg Stuffing Green Peas Tossed Salad Dinner Roll	☐ Gravy ☐ B: Beef & Gravy Brown Rice Sliced Carrots Mixed Fruit Dinner Roll		