

September 2026

Renal Menu

Name: _____

Address: _____

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	1	2	3	4
	☐ A: Chicken with Gravy ☐ B: Pork with Gravy Brown Rice Peas Aloha Coleslaw Dinner Roll	☐ A: Beef with Gravy ☐ B: Chicken Breast with Gravy Whole Grain Penne Pasta Carrots Tossed Salad Dinner Roll	☐ A: Hamburger ☐ B: Turkey Burger Couscous Green Beans Pears Hamburger Bun	☐ A: Chicken with Gravy ☐ B: Pollock Pasta Peas Mixed Melon Dinner Roll
7	8	9	10	11
	☐ A: Beef with Gravy ☐ B: Chicken with Gravy Egg Noodles Broccoli Fruit Cup Dinner Roll	☐ A: Chicken & Sausage with Gravy ☐ B: Beef with Gravy Brown Rice Malibu Vegetable Blend Two Bean Salad Cornbread	☐ A: Honey Mustard Chicken ☐ B: Pork Chop with Gravy Couscous Green Peas Pineapple & Mandarins Dinner Roll	☐ A: Chicken Pot Pie Broccoli & Cauliflower Pears Dinner Roll
14	15	16	17	18
☐ A: Chicken Kiev ☐ B: Swiss Steak with Gravy Stuffing Baby Carrots Fruit cup Dinner Roll	☐ A: Beef & Broccoli ☐ B: Sesame Chicken Brown Rice Vegetable Egg Roll Asian Sesame Salad	☐ A: Chicken & Dumplings ☐ B: Beef & Noodles with Gravy Peas Cinnamon Apples Cornbread	☐ A: Chicken with Gravy ☐ B: Pork Chop with Honey Garlic Sauce Pasta Cauliflower Fruit Cup Dinner Roll	☐ A: Pot Roast ☐ B: Louisiana Shrimp Grits Broccoli Pears Dinner Roll
21	22	23	24	25
☐ A: Chicken with Gravy ☐ B: Diced Pork with Gravy Whole Grain Rotini Pasta Green Beans Apple Dinner Roll	☐ A: Salisbury Steak with Onion Gravy ☐ B: Turkey with Gravy Stuffing Peas & Carrots Pear Cup Dinner Roll	☐ A: Chicken with Gravy ☐ B: Pork with Gravy Polenta Cauliflower Fruit Cup Dinner Roll	☐ A: Chicken Broccoli Rice Casserole Italian Green Beans Mixed Fruit Dinner Roll	☐ A: Korean BBQ Beef ☐ B: Honey Hoisin Glazed Salmon Brown Rice Carrots Pineapple Chunks Dinner Roll
28	29	30	30	31
☐ A: Turkey with Gravy ☐ B: Beef with Gravy Egg Noodle Peas Cherry AppleBar Dinner Roll	☐ A: Beef with Gravy ☐ B: 5-Spice Chicken Brown Rice Green & Wax Beans Diced Pears Cornbread	☐ A: Beef with Gravy ☐ B: Turkey Stew French Cut Green Beans Tossed Salad Dinner Roll	All meals come with milk or juice and a butter cup. Entrée subject to change based on client diet.	CANCELLATIONS CALL 219-872-9117 or 219-369-6483 by 10am the day before.